

Just in Time for National Breast Cancer Awareness Month

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**A CUP OF COMFORT® FOR BREAST CANCER SURVIVORS
INSPIRING STORIES OF COURAGE AND TRIUMPH
Edited by Colleen Sell**

WHAT'S THE STORY?

Surviving breast cancer is a battle that takes an enormous amount of strength, love and support to win—and each woman who survives has an inspiring story to tell. According to the American Cancer Society, 1 in 8 women will be diagnosed with breast cancer in their lifetime. Additionally there are over 2 million breast cancer survivors in the US today (ACS).

A Cup of Comfort for Breast Cancer Survivors: Inspiring Stories of Courage and Triumph

(October 4, 2008; Adams Media) edited by Colleen Sell is a collection of forty six personal essays by women whose lives were changed by their fight with and triumph over cancer. Poignant and candid these stories from wives, mothers and daughters keep hopes up and spirits alive through difficult times.

WHAT DOES IT MEAN FOR YOUR AUDIENCE?

Every breast cancer survivor has a different story to tell, but they all have one thing in common: courage. From grappling with the diagnosis, to baldness and mastectomies to the dread of cancer's return—these women pushed aside their greatest fears and struggled to live. **A Cup of Comfort for Breast Cancer Survivors**—just in time for National Breast Cancer Awareness Month—pays tribute to these women and their crusades and celebrates their victories.

There's Sheryl who compares mastectomy scars in a restaurant bathroom with a woman she met through a support group and Julie who writes directly to the tumor that seemingly ruined her life—until she looked a little closer and found some blessings left behind. This stunning new collection contains compelling, inspiring and uplifting personal essays about the experiences and emotions of living with—and *after*—breast cancer.

WHO IS THE EDITOR?

Colleen Sell is the editor of more than sixty published books, including twenty volumes in the *Cup of Comfort*® series. She has also been an author, ghostwriter, magazine editor, journalist, columnist, essayist and copywriter.

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CONTRIBUTORS ARE AVAILABLE FOR INTERVIEW

Please contact Jacquinn Williams at 508-427-6737 or
Jacquinn.Williams@adamsmedia.com

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P R E S S R E L E A S E



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